

# Rachael Smith

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Beauty comes from being confident, and confidence is knowing who you were created to be. Like many women, writer and speaker Rachael Smith has struggled with her journey to establish just who in fact she was meant to be. With her authentic, and candid way of communicating, she is able to connect easily with women on a personal level. She desires for women to experience the freedom that comes as a result of exposing the lies and replacing them with truth. Her relatable personality and heartfelt stories encourage women to join her on this journey of discovery, and challenge them to keep pursuing the truth of who the Lord says they are.

## THROUGH HER MESSAGE, WOMEN WILL:

- Begin to see the lies that have been whispered, or maybe even screamed, in their heads for years.
- Begin to see the truth by exposing the lies and gaining power over them.
- Begin to replace the repetition of lies with the truth, leading them to an abundant life of freedom.

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Rachael is the creator and owner of Oh Lord Help Us, where she writes and crafts items to help remind women of what the truth is. She is also the author of the Engage study, where women dig deeper, and more intimately with other women to expose the lies over a six week study.

*Oh Lord Help Us*



## SPEAKING OPPORTUNITIES

### Home Gathering

This is ideal for a small group of women meeting in an intimate setting at someone's home or church. The fifteen minute talk allows time for follow up discussion, giving women the freedom to share as deeply as they are comfortable to do so.

### Group Gathering

This is better suited for a larger crowd who is meeting for an hour. The 45 minute talk will leave the participants encouraged and challenged to begin or continue their journey to discover truth.

### Engage Conference

This is an in-depth talk taking place over a day-long conference. The day is divided into 6 different sessions. After each speaking session, the attendees will be able to have discussion within smaller groups in order to work through the specific lies they are struggling with. Allow 4 hours for the talks and the discussion time.

At all speaking events, merchandise from the Oh Lord Help Us shop will be available for purchase. All proceeds go directly back into the ministry.